This is a story about you and Cynthia Claire. Cynthia is five years old and lives in Delaware. We want to help both of you because we really care. Bedwetting is a problem for kids who live everywhere.

D

00

O

0

0



Waking up soaked often makes Cynthia cry. Cynthia's parents almost always understand why. I'm sorry says Cynthia, much harder I will try. I will try, very, very hard, to wake up dry.

000

1

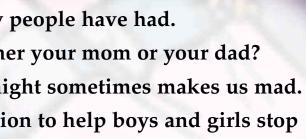
Bedwetting is a problem that so many people have had. Has bedwetting ever happened to either your mom or your dad? Waking up wet in the middle of the night sometimes makes us mad. Knowing there's lots of new information to help boys and girls stop bedwetting makes me glad.

0

11

P

. 1 . ,



111/

Think positively and hope for the best each and every day. Accidents will happen and when they do its okay. After dinner, drinking certain kinds of soda or hot chocolate will increase the need to make pee-pee in the middle of the night. Having some, but not too much water or milk after dinner is alright.

